

# Training to Lead™

Transforming Teams  
into Teamwork



Ruth Urban brings a wealth of knowledge and experience to Training to Lead. She holds the prestigious CPF, Certified Professional Facilitator, designation and is licensed as an instructor by Ingrid Bens, M.Ed., an internationally known facilitator and creator of this curriculum.

Ruth is the principal of The Urban Group, LLC, which she founded in 1998. She brings a strong human service and mediation background to her organizational development and facilitation clients.

Ruth also designs and facilitates a variety of different processes, conducts strategic planning sessions

and provides facilitation training and workshops.

Training to Lead evolved from their realization that all organizations could benefit from a facilitative approach to leadership.

## What people are saying...

“Ruth taught key skills that will forever change my meeting participation and leadership style.” – Dr. Allen Alexander, ZymoGenetics, Inc., Seattle, WA

“Your program was absolutely terrific – both the content AND the delivery! Thanks again.” – Peter Reilly, Training Director, Saltman Dispute Resolution Center, UNLV Boyd School of Law

“ feel more confident in my ability to facilitate even the most difficult meetings. I would highly recommend this workshop to anyone.” – Barbara A. Geach, Neighborhood Programs Coordinator, City



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▶ Teamwork really does equal success. This interactive two-day workshop is designed to teach key leadership skills.

▶ Participants learn how to make meetings productive, deal with conflict and engage diverse groups to solve complex problems.

▶ These core leadership skills are essential to set goals, work in teams and manage change at every level, from a simple workgroup to the executive boardroom.

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This two-day workshop teaches people how to work together. Both days include hands-on activities and participation exercises to practice new skills.



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- ▶ Understanding group dynamics
- ▶ Creating participation
- ▶ Improving communication
- ▶ Making decisions effectively
- ▶ Facilitating conflict resolution
- ▶ Leading productive meetings

Training to Lead is appropriate for anyone who works in a team or attends meetings. It's especially effective for project managers, team leaders, supervisors, managers at any level, facilitators, board members, consultants and trainers.

Training to Lead will teach your team to become facilitative leaders and transform your organization.

Training to Lead attendees become better meeting participants, better at collaboration, better at setting group goals and better at achieving them. The workshop builds a durable, versatile, strategic and practical skill set for both team members and leaders. Its tools and techniques minimize conflict and negative behaviors that drain valuable resources and derail progress.

Nearly 11 million meetings take place every day in the United States-and research says that over 50% of this time is totally wasted.

You absolutely can't afford this unproductive work time.

If you have teams, but no teamwork, please call:

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